

4 FOCUS

The reason why men fail is because of broken focus.

Focus is basically the elimination of options. It is the ability to circumvent and avoid distractions .If you can't maintain your focus on a goal or habit, you will most likely not achieve that goal or create that habit.

Focus creates consistency in your life.

Focus concentrates you strength and attention on what is most important. Having so much to do, spreads out your strength and resources. With a diffused focus, it less likely that you'll complete any of your goals. Focus concentrates our abilities towards the task at hand.

Focus concentrates our potential to our purpose..

Focus is what helps us tap into our Natural Brilliance which is exhibited in those activities that you do well in, excel in and allow you reap the greatest rewards from your investment of time and energy spent on those activities.

Priority Focus means that you do not focus your time and energy on things you do not excel at. Instead, you delegate those things to the natural brilliance of someone else.

The bible says in **James 1: 8 "A double minded man is unstable in all his ways"**

Paul wrote in Philippians 3:13 Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, 14 I press toward the goal for the prize of the upward call of God in Christ Jesus."

Forgetting those things which are behind - My conduct is not regulated nor influenced by that of others; I consider my calling, my Master, my work, and my end. If others think they have time to loiter and waste time, I have none: time is flying; eternity is at hand; and my all is at stake.

A clear intentional focus moves us towards our dreams quickly and effectively.

When you have too much on the go at the same time, you will often end up dabbling in many different things. As a result, you do not produce the results you desire. You may feel overwhelmed, frustrated and fed up. The friction and stress of being pulled in many directions eats up your time and energy, leaving you less able to be focused and move forward.

Usain Bolt is the best 100 meter runner in the world but I doubt he can finish a marathon...The key to his success is that he has remained focus at his race and left the marathon to the Kenyans....

A divided heart lacks the first element of strength--it is unstable. The men who leave their mark on the world are those who can say: "**This one thing I do.**" But we need more than concentration, we need consecration. We must not only be united in ourselves, we must be united in God.

Focus is the power of a concentrated affection. The eye of the body corresponds to the inward intention and purpose of the soul.

Singleness of purpose is one greatest secret to greatness..

*The bible teaches in **Matthew 6:22 If thine eye be single, thy whole body shall be full of light.*** The single eye is the eye that looks always toward the infinite, and stays committed to the task at hand until it fulfils it.

5 DISCIPLINE

Discipline means the observance of certain well-defined rules. Discipline has to be as natural component of one's daily life in the discharge of one's duties.

Self-discipline refers to the training of oneself to accomplish or to adopt a particular pattern of behaviour, even though one would really rather be doing something else. Self-discipline is the internal self-government to harness power, ability, gifts and talents in a Godly way. Self-discipline is the assertion of will power over more base desires and is usually a synonym of 'self-control.'

Discipline is a virtue of being able to control oneself from becoming a slave to personal passions and lusts. It is about learning to respect the rules of and boundaries of others. We focus not on the desire, but on the process to realize the desire.

1 Corinthians 9:27 “But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.”

In its original sense, discipline is referred to systematic instruction given to disciples to train them as students in a craft or trade, or to follow a particular code of conduct or "order".

Discipline means conduct, control, cultivation, curb, development, domestication, drill, drilling, exercise, inculcation, indoctrination, orderliness, practice, regulation, restraint, self-command, self-control, self-government, self-mastery, self-restraint, strictness, subordination, will, willpower

Self-discipline appears in various forms, such as perseverance, restraint, endurance, thinking before acting, finishing what you start doing, and as the ability to carry out one's decisions and plans, in spite of inconvenience, hardships or obstacles.

Self-discipline also means self-control, the ability to avoid unhealthy excess of anything that could lead to negative consequences.

Discipline is the process of training oneself in obedience, self control, skill, etc. The controlled, ordered behaviour results from such training. Discipline is the basis of the whole universe.

Discipline is a result of defined focus, where you identify your cause of action and continue at it. Discipline is the ability to subordinate what you want now for what you want eventually. This then births personal sacrifice, the process of subordinating today's pleasure for a greater longer-term good. While the undisciplined are slaves to moods, appetites and passions, the disciplined are free

Discipline is paying the price to bring your God-given vision into reality. It is denying yourself, it is accepting to pay now, and play later. It is delaying the present personal gratification for a perfect future

Proverbs 6:6-8 “6 Go to the ant, you sluggard! Consider her ways and be wise, 7 Which, having no captain, Overseer or ruler, 8 Provides her supplies in the summer, And gathers her food in the harvest.

From the scripture, we can see that the power of the ant comes from its discipline. Having no one to supervise and tell the ant what to do, it knows what, when and how to do business.

The solar system is governed by certain laws to maintain perfect harmony and beauty. Without this order, there would be utter chaos...The sun is disciplined to shine by day and the moon and stars to shine by night. They are disciplined to know when to shine and when not to...

Without discipline, you cannot control your mind. If you cannot control your mind, you can't control your life. Therefore, discipline is about taking personal responsibility for your success in life. In fact, personal responsibility has to be accepted before you can embark on the pathway to greatness...

Self-discipline allows you to take action and therefore get results no matter what your emotional state is. Where passion is erratic, self-discipline provides steadiness and stability. Moreover, because your emotions are not in the way, your decisions are more likely to succeed because they will be made from a state of disciplined intellect rather than from emotional peaks and valleys.

The future is for the disciplined...

What Is Self-Discipline?

Self-discipline is the ability to get yourself to take action regardless of your emotional state.

Imagine what you could accomplish if you could simply get yourself to follow through on your best intentions no matter what. No matter how good your intentions are without self-discipline they won't become manifest. Self-discipline helps make those intentions a reality.

The pinnacle of self-discipline is when you reach the point that when you make a conscious decision, it's virtually guaranteed you'll follow through on it. Wise people understand that there is a time to delay gratification so they can pay the price for where they are going. In this life, you either play now and pay later or pay now and play later.

Ecclesiastes 3:1 ¹To every thing there is a season, and a time to every purpose under the heaven:

You must control the following 4 things

- 1. Your Thinking**
- 2. Appetites (for food, sex etc)**
- 3. Your priorities**
- 4. Your Emotions**

6 PERSISTENCE

Nothing in the world can take the place of Persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated failures. Persistence and determination alone are able to bring out the potential in you.

What Is Persistence?

Persistence is the ability to maintain action regardless of your feelings. You press on even when you feel like quitting. Persistence is consistent insistence at your assignment no matter how unmotivated you are..

Persistence only relents at the accomplishment of its goal. It is the ability to overcome resistance and discouragement.

It is your persistence that shows your determination to get what you are seeking. It is your persistence that shows the value that you have attached to your assignment. Your persistence will wear out every demonic resistance.

When you work on any big goal, your motivation will wax and wane like waves hitting the shore. Sometimes you'll feel motivated; sometimes you won't. But it's not your motivation that will produce results — it's your action. Persistence allows you to keep taking action even when you don't feel motivated to do so, and therefore you keep accumulating results.

Persistence will ultimately provide its own motivation. If you simply keep taking action, you'll eventually get results, and results can be very motivating.

A persistent person focuses on result rather than the process. if you keep on looking at how many times you have done or for how long, you might get discouraged.

Persistence says you proceed irrespective of how long or how many times.

Giving up is easy. Anyone can do that. People do it all the time. Success however belongs to those who keep going when the rest give up.

Luke 18:3-5 Now there was a widow in that city; and she came to him, saying, 'Get justice for me from my adversary.' 4 And he would not for a while; but afterward he said within himself, 'Though I do not fear God nor regard man, 5 yet because this widow troubles me I will avenge her, lest by her continual coming she weary me.' NKJV

This widow got her desire because she would not give up. There are things in life that are only released into the hands of the persistent. Persistence is a sign of your passion and need.

Persistence isn't using the same tactics over and over. Persistence is having the same goal over and over. You might change the approach but the goal of vision remains the same..

The road to success is dotted with many tempting parking places and exits. Success belongs to those who keep moving and stay on course.

7 EXCELLENCE

What is excellence?

- **Excellence is a state of the heart- a state of the heart that says “I am committed to becoming all GOD created me to be.”**
- **Excellence is a spirit- a spirit that says “I may not be where I am supposed to be, but I commit myself to give my best and become all GOD has called me to be.**
- **Excellence is not an event; excellence is a journey- meaning today’s excellence will be tomorrow’s mediocrity. This means then that excellence is progressive. It is dynamic, not static.**
- **Excellence is not wearing smart clothes- what you wear is just part of excellence**

- **Excellence is a state of the heart- a state of the heart that is shown outwardly by our values and our conduct.**
- **Excellence is the quality or state of being outstanding or superior in whatever you do. It is to be top-notch, superb, high grade, premium, top of the range ... is it possible to be all these? We are about to see some examples of people who were *top-notch, superb, high grade, premium, top of the range* ... It is possible to be excellent for GOD.**
- **To excel therefore is to be extremely good. It is to do better than others, it is to do better than the given standards and to supersede your own previous achievements. How is your performance in whatever you do?**
 - 1. To be excellent is to be of very high quality or standard in who you are and in whatever you do.**
 - 2. Daniel 6:3 Then this Daniel distinguished himself above the governors and satraps, because an excellent spirit was in him; and the king gave thought to setting him over the whole realm.**

WHAT IS AVERAGE.

Average means; mediocre, common, typical, indifferent middle-of-the-road, moderate, fifty-fifty, tolerable, undistinguished, unexceptional, inferior.

An average life means that yes you lived but you were not worthy to be noticed or mentioned.

An average life means that yes you did ministry but there is nothing special that can be remembered by your ministry.

An average life means that the person was just alive but they were so mediocre that there is nothing to talk about in their life.

I believe that the will and the mind of God concerning you and I is that we might be EXCELLENT and EXCEPTIONAL.

That is why I refuse to be average. My destiny is to be EXCELLENT – child of God I have to speak to you today that what Africa needs, what Kenya needs is the rising up of a new generation that refuses to be mediocre and common, middle-of-the-road.

A generation that understands that the West cannot make us wealthy – the East, China, cannot make us wealthy – we ourselves must do what we need to do to make ourselves wealthy and that will happen if we WALK in EXCELLENCE.

- **Excellence is not lopsided- it is not succeeding in one area and abandoning all other critical areas. Excellence is all rounded- it involves your finances, your relationships, your marriage, your parenting, your market place, your walk with GOD- and GOD wants you to excel in all these areas just as JESUS did.**

Mark 7:37 says And they were astonished beyond measure, saying, "He has done all things well.

- Excellence is not a skill. It is an attitude. It is a state of the mind. We are what we repeatedly think and eventually; we are what we repeatedly do. Excellence, then, is not an act, but a habit." It is therefore possible to achieve excellence and pursue it.
- Excellence begins when you demand from yourself more than others do.
- Excellence is more than a skill. It is an attitude. An attitude that says "I will settle for nothing but to be the best"
- Excellence is the gradual result of always striving to do better- striving to do better than what you did yesterday.
- Excellence is to do a common thing in an uncommon way..
- John Mason says "Excellence is never a surprise" He continues to say "... **don't seek success. Instead, seek excellence, and you will find both.** Work to become, not to acquire ... learn to say "no" to the good so

you can say “yes” to the best”. There are two ways to failure; taking nobody’s advice and taking everybody’s advice. Know what is best and pursue it.

- **Quality is remembered way after price is forgotten.** No matter the price, should there be excellence in what you are selling, people will pay. **The best invest in the best.**
- Whatever you are involved in, Thomas Edison ordered, **“There is a way to do it better ... find it”**
- **Whatever you are, BE A GOOD ONE.** ... a good lawyer, a good cook, a good chef, a good employee, a good employer ... and it is possible.
- You’ve got to grow towards excellence. The Irish have a saying that **“You’ve got to do your own growing, no matter how tall your grandfather was.”**

It is the will of GOD for every one of us to have and walk in excellence. In whatever you do, in whoever you are, GOD wants you to be the best you could ever be ...

How to walk in excellence

1. **Know who you are and discover your uniqueness.** Excellence is striving to become the best you could ever be, so you cannot achieve excellence while trying to be somebody else. Your excellence is in who you are, not who you are not.
2. **Keep growing and improving in whatever you do.** Excellence is dynamic, not static. Excellence is a commitment to be better today than you were yesterday. Excellence is a journey- meaning today’s excellence will be tomorrow’s mediocrity. Excellence is progressive.
3. **Give your best every time, doing it as unto GOD.** Whatever you don’t use, you easily lose over time while everything you utilize continues to grow. Whenever you remember that your work is a worship to GOD, you

will always be inspired to do it in excellence.

4. **Expose yourself to stimulating environment and provoking relationships.** You easily become what you consistently see.
5. **Be a self-corrector.** Review your performance every so often and set yourself higher challenging standards.